

# **DMARC E-BULLETIN**

**FOR THE WEEK OF OCTOBER 20**

Here are this week's announcements. Please help publicize these events in your congregation's bulletin, newsletter or bulletin board or pass the information to someone who can benefit from it.

## **DMARC ANNOUNCEMENTS**

### **New DMARC Emergency Food Pantry Location**

On Wednesday, October 15, a new emergency food pantry location opened in Urbandale after months of planning and preparation. The new food pantry is located at 7611 Douglas Ave., Ste. 3, and is open from 10:00 a.m. to 2:00 p.m. on Mondays, Wednesdays and Thursdays. The phone number is 251-6688.

The city of Urbandale, Caring Corp., and Urbandale Churches have partnered with the Des Moines Area Religious Council's Emergency Food Pantry to provide this service to the citizens of Urbandale and Windsor Heights. Eileen Boggess is the director.

### **DMARC Emergency Food Pantry Needs Paper Grocery Bags**

DMARC's nine food pantries are in need of paper grocery bags in good condition. The pantries reuse paper sacks for packing food items to be given out to those in need. Large quantities of these paper sacks are consumed in the process, and the need is ongoing. Purchasing paper grocery sacks is not possible due to cost, and therefore, recycling paper sacks for this purpose is our only option. If you have extra paper sacks, you can drop them off at DMARC or any of our nine pantry locations.

### **Sack Saturday Opportunities**

Are you looking for a way to get more involved in the community? Each month the Des Moines Area Religious Council seeks volunteers to participate in Sack Saturdays. Participants are asked to commit two hours to greeting shoppers at local grocery stores and encouraging either their purchase of sacks of food items costing \$5.00, individual items of food (such as peanut butter, cereal, pasta, soups) or cash. The food items collected are used to supply local food pantries in the Des Moines area. Money collected is used to purchase additional food items. This is an ideal opportunity for church, business or civic groups to work together to help meet a need in our community.

*Please contact Cindy Morton, DMARC Red Barrel Coordinator at 277-6969 or 238-4593 to sign up for a sack Saturday.*

## **DMARC PREFERRED PERSONAL PRODUCTS DONATION SITES:**

Needed items include: *diapers, baby wipes, baby powder, deodorant, toothbrushes, toothpaste, shampoo, bars of soap, razors and feminine hygiene products.*

**BIDWELL RIVERSIDE CENTER**, 1203 Hartford Ave., DM 50315 244-6251 Contact: Josh/Cassie

**CITY OF WEST D.M. HUMAN SERVICES**, 318 5<sup>th</sup> St., WDM 50265 222-3660 Contact: Tammy Lage

**DOWNTOWN FOOD PANTRY SITE**, 701 Grand Ave., DM 50309 243-1381 Contact: Sherry Kepner

**FOREST AVENUE COMM. CENTER**, 2011 Forest Ave., DM 50311 248-6241 Contact: Danita Parker

**IOWA HOMELESS YOUTH CENTERS**, 1219 Buchanan St., DM 503126 or 265-1222 Contact: Nikki Dempsey

**RED ROCK COMMUNITY ACTION PROGRAM**, Neveln Resource Center, # 305, 406 SW School St., Ankeny, 50023 965-0433 Contact: Sharon Brooks

**ST. MARY FAMILY CENTER**, 1815 Hubbell Ave., D.M. 50316 262-7290 Contact: Susie Paloma

**SALVATION ARMY SOCIAL SERVICES**, 1300 6<sup>th</sup> Ave or 1216 E 25<sup>th</sup> Ct., DM 50314/50317- 282-3422/ 266-3156 Contact: Shireen Braman/Joanne Norelius

*All preferred sites report collections to DMARC which allows us to track distribution and to better serve those in need.*

## **DMARC President to “Sleep Out”**

In recognition of the extraordinary support DMARC’s Compassion in Action program receives from the Iowa Homeless Youth Shelters, DMARC will be sponsoring a team shelter as part of the annual “Reggie’s Sleepout” on November 14. Current president Ross Daniels will sleep in the DMARC team shelter as a show of solidarity and thanks for IHYS’ contributions of over \$20,000 over the past 2 years. The fundraising goal for Team DMARC is \$1,500.

*Add your support to Team DMARC by secure credit card transaction at <http://www.reggiessleepout.org>.*

## **UPCOMING EVENTS**

*Next Deadline—October 30*

The Des Moines Area Religious Council makes every effort to provide accurate and useful general information in its E-bulletin but accepts no liability for the use of the material by individuals or organizations. We gladly distribute information from individuals, congregations and other agencies but our inclusion of such material should not be construed as sponsorship or endorsement by DMARC.

# OCTOBER

## **October 21 – November 25**

### **COMMUNITY SPANISH**

A survival guide for English speakers, this course offers a quick and easy way to learn limited amounts of everyday Spanish. No prior knowledge of Spanish is necessary. The course includes a book and 2 CD's. The cost is \$149.00. Classes will be held at the DMACC Urban Campus from 6:15 to 9:15 p.m.

*To register or for more information, call 244-4226. Refer to CRN:15870.*

## **Thursday, October 23**

### **NUCLEAR ABOLITION, CLIMATE PROTECTION AND OUR CITIES' FUTURE**

This one-day conference features Des Moines Mayor Frank Cownie and other mayors, scientists and policy experts and activists. The conference will be held at Sheslow Hall at Drake University. Registration and coffee begin at 8:30 a.m. and the conference runs until 9:00 p.m. with a break for dinner. The cost is \$20 for the full day, \$10 for the evening.

*RSVP to Mariah Quinn at [Mariah@globalactionpw.org](mailto:Mariah@globalactionpw.org).*

## **Saturday, October 25, 6:30 p.m.**

### **ANCHOR COFFEE HOUSE AT WESTMINSTER CHURCH**

Blues/Folk Musician Rob Lumbard will present an encore performance. Lumbard is well known on the DM music circuit. His songs can be heard on KUNI radio and his music has been used in several Public TV projects, one of which received an EMMY award. The concert begins at 6:30 p.m. Tickets are available in advance for \$8.00 from church office or \$10.00 at the door.

## **Saturday, October 25**

### **2008 ECUMENICAL POVERTY SUMMIT**

Join keynote speaker Kim Bobo, Founder and Executive Director of Interfaith Worker Justice, for a day of worship, discussion, training and breakout sessions and talks featuring local and national speakers. The summit runs from 8:30 a.m. – 4:00 p.m. at Plymouth Congregational Church.

*For more information, contact Naomi Sea Young Wittstruck at [nsy.wittstruck@iaumc.org](mailto:nsy.wittstruck@iaumc.org) or call 974-8908.*

## **Saturday, October 25**

### **TAKING CONTROL OF YOUR DIABETES**

This conference and health fair is for persons with diabetes and their family members. There are exhibits and informational sessions. The conference is at the Polk County Convention center and runs from 7:30 a.m. to 4:30 p.m.; lunch is included. On-site registration is \$25.00.

*Register online at [www.tcoyd.org](http://www.tcoyd.org) or call 1-800-998-2693.*

## **Saturday, October 25**

### **FOOD AND GIFT FAIR**

Capitol Hill Christian Church is having a fair. There will be a lunch of beef burgers, chips, salad and dessert as well as crafts, aprons, woven rugs, handmade quilts, baked goods and canned food. The fair runs from 8:00 a.m. to 1:00 p.m.

*With questions, call 266-6283.*

## **Saturday, October 25**

### **MASCULINITY AND VIOLENCE AGAINST WOMEN: FINDINGS FROM INDIA**

Rohit Ramaswamy will give this presentation sponsored by Monsoon United Asian Women of Iowa. The talk will be at Des Moines Central Public Library, at 100 Grand Avenue from 1:00 – 3:00 p.m.

*For more information, go to [www.muawi.org](http://www.muawi.org).*

## **Sunday, October 26**

### **GATEWAY DANCE THEATER**

Don't miss this exciting show featuring performances by An Nguyen & Ngoc Co. Admission is \$30 in advance and \$35 at the door. A family of four costs \$55 and students are \$15.

*To reserve tickets, call 288-0881 or email [mirayusef@muawi.org](mailto:mirayusef@muawi.org).*

## **October 27-28**

### **GREAT PUMPKIN PARTY**

Valley Church in West Des Moines is having their annual Great Pumpkin Party. Come enjoy inflatables, hay-rack rides, roast marshmallows at the bonfire, games, candy, a maze and more all for free. The event runs from 6:00 – 8:00 p.m.

*With questions call 226-9973.*

## **Wednesday, October 29**

### **HALLOWEEN FAMILY NIGHT**

St. Mark Lutheran Church is hosting a Halloween party. Dress in your favorite costume and bring your kids to trick or trunk in our parking lot, then venture inside for a Halloween carnival filled with a science lab, obstacle course, music, games, prizes and great Halloween treats. The party is at St. Mark Lutheran Church at 1115 Grand Avenue in West Des Moines and runs from 6:30 – 7:30 p.m.

*Call 223-4208 for more information.*

## **Thursday, October 30**

### **BEGGAR'S NIGHT**

Staves Memorial United Methodist Church is hosting Beggars Night from 6:00 – 8:00 p.m. Come on out for old-fashioned games, apple bobbing, candy and prizes.

*For more information, call 266-0265.*

## **October 31-November 2**

### **FOOD AND FAITH: MAKING THE CONNECTION**

Faith Lutheran Church is hosting the fifth annual National Sunday Scientist Symposium on October 31-November 2, 2008. This year's symposium will focus on the relationships between science, food, and spirituality. Keynote addresses will be delivered by Dr. Duane Larson, President of Wartburg Theological Seminary; Dr. Jerry DeWitt, Director of the Leopold Center for Sustainable Agriculture; and Susan Klein, Iowa State University Extension Nutrition/Health Field Specialist. Registration is \$95 per person until October 9.

*A registration brochure can be downloaded at [www.elca.org/faithandscience](http://www.elca.org/faithandscience). Call the church office at 225-8334 for a mailed copy.*

# **NOVEMBER**

## **Saturday, November 1**

### **CFUM BREAKFAST CLUB COMMEMORATIVE EVENT**

Children and Family Urban Ministries is hosting a “Breakfast for Dinner” event in commemoration of 40 years of the breakfast club. Join them as they share a meal and stories from the past 40 years. There is no cost for the dinner, but donations are welcome. The dinner will be held at Valley United Methodist Church beginning at 6:00 p.m.

*Contact CFUM at [info@cfum.org](mailto:info@cfum.org) or 282-3242 for reservations.*

## **Sunday, November 2**

### **COPING WITH GRIEF DURING THE HOLIDAYS**

This session offers practical suggestions for coping with grief to adults who have experienced a death in their family. Representatives from community grief support organizations are also available to offer information on the services they provide. This event is held at Hamilton’s, 3601 Westown Parkway, in West Des Moines from 2:00 – 4:00 p.m.

*RSVP at 967-3666 or call for further information.*

## **Thursday, November 6**

### **FINANCIAL PLANNING BASICS**

Identify fourteen retirement income strategies. Probabilities of success and risks will be considered. The class will be conducted by a representative of Flanagan Financial Resources from 6:00 p.m. to 9:00 p.m. No products or services will be promoted or sold during the class.

*To register, call 964-6800 or 800-342-0033.*

## **Friday, November 7**

### **A MEDICAL LOOK AT DEPRESSIVE ILLNESSES AND RECOVERY OPTIONS**

This talk will be at Lutheran Church of Hope, Room 214 from 7:00 – 9:00 p.m. It is free and open to the public.

*For more information contact Lisa Davidson 222-01520 x 176 or [lisa.davidson@hopewdm.org](mailto:lisa.davidson@hopewdm.org).*

## **Saturday, November 8**

### **TASTE OF NORWAY**

Redeemer Lutheran Church, located at 3515 University Avenue, is hosting this Norwegian food festival. Come eat, shop for special holiday gifts and learn about Norwegian foods and crafts. At the festival you can enjoy coffee, breads, pastries, crafts, rosemaling, kringla and gifts. The festival is sponsored by Daughters of Norway, Eva Nansen Lodge # 46, and will run from 9:30 a.m. to 2:30 p.m.

*For more information, visit <http://web.mac.com/hansenms/Eva/Welcome.html>.*

## **Sunday, November 9**

### **A TASTE OF IMMIGRATION**

Plymouth Congregational Church, located at 42<sup>nd</sup> and Ingersoll Avenue is hosting an event to foster understanding of immigration in Iowa's communities. This event is not just passive listening and supplies tools, materials, and resources for you to take home and share with your faith community. Lay leaders, clergy, denominational staff, anyone interested in learning is welcome. The event is free and open to public and runs from 2:00 – 6:00 p.m.

*To register, contact Connie Terrell with, Interfaith Alliance at 279-8715 or [www.iowatia.org](http://www.iowatia.org).*

## **Thursday, November 11**

### **FINANCIAL PLANNING BASICS**

Identify fourteen retirement income strategies. Probabilities of success and risks will be considered. The class will be conducted by a representative of Flanagan Financial Resources from 1:00 p.m. to 4:00 p.m. No products or services will be promoted or sold during the class.

*To register, call 964-6800 or 800-342-0033.*

## **Thursday, November 13**

### **JITRO, CZECH GIRLS CHOIR**

St. Mark Lutheran Church is hosting this exciting concert. Come and enjoy an evening of unsurpassed music making. "Jitro", meaning daybreak in Czech, is a world-renowned girls' choir from Hradec Kralove, a town in the Czech Republic. Jitro makes over 100 appearances annually and is seen as one of the best children's choirs in the world.

*For information, contact St. Mark's at 223-4208.*

## **Friday, November 14**

### **REGGIE'S SLEEPOUT**

This is a great service opportunity for youth groups, confirmation groups or for those who just want to help youth succeed. Reggie's Sleepout is a "Lock-In" style event where groups or individuals participate by raising money and sleeping outside in shelters they create together or individually. The sleeping out part is optional. Food, activities and education about youth homelessness will be provided. This event provides multiple venues to educate, create, serve and raise funds for a great cause. All proceeds go to Iowa Homeless Youth Centers, DMARC's Compassion in Action program and the Salvation Army.

*Visit [www.reggiessleepout.org](http://www.reggiessleepout.org) to find out how you can help Iowa Homeless Youth Centers and DMARC make a difference in the lives of homeless youth and families.*

## **Saturday, November 15**

### **31<sup>ST</sup> ANNUAL BEAVERDALE HOLIDAY BOUTIQUE MARKET AND CAFÉ**

Over 100 exhibitors will be selling handcrafted items and unique gifts. Mrs. Kringle's Bakery will be selling treats, and Holy Trinity will be selling their famous homemade braids. Door prizes are being given away. No strollers are allowed. This event runs from 8:00 a.m. – 3:00 p.m. at Holy Trinity Catholic Church & School. Admission is \$3.00.

*With questions, contact Nan Gaul at 278-2975 or [ngseven@mchsi.com](mailto:ngseven@mchsi.com).*

## **Saturday, November 15**

### **CENTERING PRAYER WORKSHOP**

Walnut Hills United Methodist Church is hosting this introductory workshop from 8:30 a.m. – 3:00 p.m. The topic is Centering Prayer, a prayer of silence, deeply rooted in the Christian contemplative tradition. Four weekly sessions will follow the introductory workshop beginning on Nov 19 from 6:00 – 8:00 p.m. and continuing through Wed. Dec 17. Kathy Reardon, RN, MS, Co-coordinator of Contemplative Outreach of Central Iowa will be presenting. Kathy is a spiritual director at the Des Moines Pastoral Counseling Center. The \$25.00 fee includes the Introductory Workshop with lunch and the four continuing sessions. Pre-registration is requested.

*Contact Susan Guy at Walnut Hills UMC at 270-9226 or [sguy@whumc.org](mailto:sguy@whumc.org).*

## **ANNOUNCEMENTS**

### **New Catholic parish to be established by the Des Moines Diocese**

A new parish called St. Peter Vietnamese Catholic Community will use the St. Peter Worship Center and parish hall at 618 E. 18<sup>th</sup> St. which is currently a part of Our Lady of the Americas Parish. Vietnam native and diocesan priest, Father Ly Chu will be responsible for the pastoral needs of the new parish. Our Lady of the Americas parish, formerly using St. Peter's, will consolidate to the Visitation Worship Center. The new St. Peter's Parish will offer services and pastoral care starting with Advent on Sunday, Nov. 30. Services will be offered in both English and Vietnamese.

### **“Time Dollar Project”**

Today, if you enroll and become a member of Time Dollar Makes Sense in Des Moines, you can begin giving and receiving the every day services you need with no money exchanged. Nearly 600 people in Des Moines' Making Connections neighborhoods have signed up to participate. For each hour spent providing a service someone else needs, members earn one “time dollar” that can be redeemed for a needed service from another Time Dollar member. Shepherdess Suzanne Holmes leads the Time Dollar effort in Des Moines.

*For more information or to learn how you can help, contact Shepherdess Suzanne Holmes, Neighborhood Health Initiative at [Shepherdess.1@hotmail.com](mailto:Shepherdess.1@hotmail.com) or 309-4798.*

### **Free Organ Giveaway**

Free: Baldwin Electronic organ in good shape. Call 989-3996.

### **Project Recovery**

Project Recovery Iowa is a mental health program that provides counseling to those affected by this year's natural disasters. The Iowa Department of Human Services empowers survivors, teaches coping skills, assesses immediate needs and guides people to resources for ongoing support. Telephone counseling and referral is free statewide. In-person crisis counseling is also free in the 29 counties with the most damage.

*Call the Iowa Concern Hotline at 1-800-447-1985.*

*With questions, contact Karen Hyatt at 281-3128 or [khyatt@dhs.state.ia.us](mailto:khyatt@dhs.state.ia.us).*

# **VOLUNTEER OPPORTUNITIES**

## **Hospice Volunteers Wanted**

Southern Care, located at 2900 100<sup>th</sup> Street, Suite 103 in Urbandale, needs volunteers for friendly visits and to help with projects in the office. This is a wonderful opportunity to provide support and care to families at an important time in their lives.

*If interested, contact Rev. Doug Tiffany, Chaplain / Volunteer Coordinator at 727-8011 or [desmoines@southerncaresinc.com](mailto:desmoines@southerncaresinc.com).*

# **EMPLOYMENT OPPORTUNITIES**

## **Director of Christian Education**

Westminster Presbyterian Church is seeking someone to supervise all programs for children, youth, and adults in this 1,400 member church. The position is full time with competitive salary and benefits. Contact the church for a complete job description at 274-1534. Submit resumes to Dalene Davies-Smoot by Nov 12 at Westminster Presbyterian Church, 4114 Allison Ave., Des Moines, IA 50310 or [ddaviesmoot@westpres.org](mailto:ddaviesmoot@westpres.org).

## **Caregiver for Vets in Home**

VA Central Iowa Healthcare System is launching a medical foster home initiative. This is a unique partnership of adult foster homes and the VA's Home Based Primary Care serving those vets that are in need of greater care. The Medical Foster Home offers a safe, favorable, and less costly alternative to nursing home placement.

Caregivers are paid on average \$1200 to \$2400 per month to provide this care. The payment reflects the care demands. Benefits are many: caregivers are able to "give back" to our Nation's veterans, augment their income and gain companionship. Veterans are able to live in a compassionate and home-like environment, with needed supervision and support.

If you are interested in becoming a Medical Foster Home caregiver or know of a vet who might benefit from joining the program, contact:

*Contact Jan O'Briant, LISW/ Medical Foster Home Coordinator at 699-5715.*